

## MENU

Served from Midday To Closing Monday to Friday &  
from 9.00am To Closing Saturday & Sunday

### SANDWICHES

- Oak smoked salmon with creamy Philadelphia cheese..... £3.10
- Succulent prawns in Marie Rose dressing .....£3.10
- Ham served with sliced tomato .....£2.70
- Tuna and mayonnaise with sliced cucumber.....£2.35
- Roast topside of beef.....£2.70
- Coronation Chicken - chicken bound with curry powder, mango chutney, apricots & sultanas....£2.50
- Grated mature Cheddar and Cheshire cheese served with Branston pickle.....£2.30

#### Sandwich Special

- Soup of the day served with a choice of ham, cheese or tuna mayonnaise sandwich.... £4.65

### TOASTIES

- Cheese & onion, cheese & tomato, ham & tomato or cheese and ham.....£2.95
- Cheese, onion and tomato or cheese ham and tomato .....£3.10

### BAGUETTES

- Bacon and brie.....£3.70
- Garlic mushroom and brie.....£3.35
- Flaked Poached Salmon.....£4.40
- BLT - Bacon, lettuce and sliced tomato with mayonnaise.....£3.35
- Vale Royal Club - Sliced chicken, bacon, lettuce, sliced tomato and mayonnaise...£3.80
- Grilled baguette topped with mozzarella, tomatoes, garlic & basil.....£ 3.60
- Strips of beef in a Sweet Thai Chilli sauce.....£4.50

### SALADS

Small.....£4.00 Large.....£5.70

- Choose from:** Caesar (crisp iceberg lettuce with croutons, bacon, sliced chicken, fresh parmesan shavings and a classic Caesar dressing)  
or  
tuna mayonnaise, prawn Marie Rose, ham, cheese



## VALE ROYAL ABBEY GOLF CLUB

Whitegate, Northwich,  
Cheshire. CW8 2BA  
01606 301291  
www.vra.co.uk

May, June, July & August  
Standard Food Service Opening Hours  
Midday - 8.00pm Monday To Friday &  
9.00am - 8.00pm Saturday & Sunday



## MENU

Served from Midday To Closing Monday to Friday &  
from 9.00am To Closing Saturday & Sunday

### MAIN MEALS

- Full English brunch with bacon, sausage, egg, tomato, mushrooms, black pudding, baked beans and buttered toast.....£5.35
- Lasagne served with garlic bread and side salad.....£4.90
- 8oz horseshoe gammon steak with chips, peas, tomato and egg.....£5.40
- Cod in a crispy batter with chips and mushy peas.....£5.10
- Breaded whole tail scampi with chips, peas, tartare sauce and dressed mixed leaves.....£5.10
- 6oz Beefburger served on a bap topped with bacon and cheese and served with chips .....£4.75
- Homemade pie of the day with a short crust pastry served with chips and peas & gravy.....£5.10

### OVEN BAKED POTATOES

- Mature grated cheddar and Cheshire cheese.....£3.75
- North Atlantic tuna and mayonnaise .....£3.95
- Succulent prawns in Marie Rose dressing .....£3.95
- Coronation Chicken - chicken bound with curry powder, mango chutney, apricots & sultanas..£3.95

### SNACKS

- Home-made Soup of the day served with a freshly baked bread roll and butter.....£2.60
- Sautéed tomatoes and mushrooms on sliced brown buttered toast.....£2.90
- Choice of fried, poached or scrambled egg served on brown buttered toast.....£2.90
- Breakfast bap filled with bacon, sausage or egg  
1 Filling..£2.10 2 Fillings..£2.80 3 Fillings..£3.30  
Extra bap fillings eg. 1 bacon rasher..... 60p
- 2 slices of buttered toast served with jam.....£1.05
- Toasted Tea Cake served with butter and jam...£1.00
- Beans on buttered toast (1 slice).....£1.20
- Cheese on toast (1 slice).....£1.20
- Bowl of seasoned chips.....small £0.90.....large £1.30
- Bowl of seasoned lattice fries...small 90p..large £1.40

## 2008 CAPTAINS CHARITIES

### HEBDEN GREEN SCHOOL

is a special school which caters for approximately ninety children aged between 2 & 19. These children have complex medical and physical problems, including life limiting and life threatening conditions. Many have difficulties walking and need the use of electric or manual wheelchairs. Nurses and physiotherapists work to meet their physical and medical needs. To address these needs, the school needs to provide expensive equipment, for example specialist seating and height adjustable tables. Children from across Cheshire, Trafford & Warrington are transported to Hebden Green School.

### NEUROMUSCULAR CENTRE

Provides a range of unique services and specialist advice with the sole aim of improving the quality of life for adults with neuromuscular conditions. The charity was founded in 1990. There is nothing like the NMC in the UK or Europe.

The centre provides:

- Training
- Employment
- Physiotherapy
- Hydrotherapy
- Support

The centre is largely run by people with neuromuscular conditions. It caters for what people with neuromuscular conditions want and need. The centre is fully accessible and has care and support staff to provide essential help. This enables people to train or work independently as possible. The centre has an infectious warm, welcoming and positive culture. The emphasis is on what you can do rather than on what you can't.

Thank you in advance for your undoubted kind generosity towards these worthy charities

## WEDDINGS & BANQUETING

As the famous song once said 'nobody does it better'. Vale Royal Abbey is simply a stunning venue to hold Weddings and Banqueting events. If you are planning a wedding celebration, including a civil ceremony, or perhaps a birthday, anniversary, christening, gala dinner, Christmas celebration or simply a gathering of friends and family please ask for a pack at the bar or visit our website at [www.vra.co.uk](http://www.vra.co.uk)

## CONFERENCES

For a relaxing and stunning environment for conferences, meetings, seminars, training days and product launches where you are sure to impress your target audience. If you are planning an event please ask for a pack at the bar or visit our website at [www.vra.co.uk](http://www.vra.co.uk)

## CABARET EVENINGS

Enjoy a two course dinner and a three act cabaret for a thoroughly enjoyable evening with that bit of showbiz pizzazz for a night with a little something extra.

- 12<sup>th</sup> April
- 21<sup>st</sup> June
- 23<sup>rd</sup> August
- 25<sup>th</sup> October

Tickets and a table matrix available behind the bar. Book early to avoid disappointment.

## SUNDAY LUNCHES

Served every Sunday throughout the year. A sumptuous three course lunch for outstanding value at only £12.95 for adults, £7.95 for children aged 5-12 and £2.95 for children aged 4 and under (including a children's activity pack).

Book early for Fathers' Day on 15<sup>th</sup> June.



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